

Transition and Related Services at the Cable Academic and Vocational Education Center

Transition services assist students in identifying goals for post secondary education and developing the requisite skills to accomplish those goals. CJR staff guide students in directions that will help them realize their goals while preparing for the challenges they will face after graduation.

As a part of transition services, students are evaluated and assessed in order to determine their ability and their skill development. Upon admission to the Cable Academic and Vocational Education Center, students meet with the Director of Education, Home School Liaison, as well as their academic and vocational instructors, to determine an appropriate course schedule that will assist in developing their skills.

Transition Services help students develop the skills to be successful in employment, post secondary education and training, and independent living. These services also support positive community participation and help students maintain good health; to be self-advocates; to communicate effectively with others; to develop and nurture positive relationships; and to be able to resolve conflicts productively.

Integrated in all areas of the academic, vocational, and enhancement curricula are the goals, objectives, lessons, and assessments that assist students in developing and strengthening the requisite skills to prepare them for the challenges of independent living, work maturity, and self-advocacy. As students develop the appropriate life skills, they will engage in experiential learning activities that provide them with a sense of empowerment, ownership and control over their current and future educational experiences as well as their rights and responsibilities as members of a school community, as an employee, and as a contributing member of society.

Examples of experiential learning opportunities at CJR which support transitional goals include:

- Transitioning from one class to another within the CJR School
- Participation in class activities and discussion of opportunities available to them in their own community
- Active decision-making in course selection at CJR
- Learning to take an active role in self-advocacy at Planning and Placement Team (PPT) meetings
- Mainstreaming back to the public school environment
- Developing life skills needed in order to be self-sufficient at home
- Identifying and utilizing social service supports available within a given community
- Identifying and exploring post-secondary educational opportunities
- Participation in extra-curricula activities (sponsored by the school or community) that reinforce positive recreational and leisure time experiences
- Identifying personal resources and developing a lifestyle and goals based on efficient use of those resources.

In addition to receiving counseling from a school psychologist, each student meets with a counselor to develop and implement a personal goal statement, which includes areas of social responsibility, intellectual achievement, physical health and growth, and life management.

As part of the transition services offered at CJR, students have the opportunity to enroll in wellness seminars. These classes are designed to help them identify, address, and develop effective strategies for dealing with life stressors and explore the following topics:

- Self-Esteem and Positive Self-Concept
- Individual Motivation
- Substance Abuse
- Human Sexuality
- Parenting
- Forming Healthy Relationships
- Positive Life Choices
- Peer Pressure
- Anger Management
- Positive Assertiveness